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This is a continuation-in-part of each of application Serial Nos. 09/547,975, 09/547,976, 09/547,977, and 09/548,217, each of which was filed on April 12, 2000, and is now abandoned. Each of application Serial Nos. 09/547,975, 09/547,976, 09/547,977, and 09/548,217 is a continuation-in-part of application Serial No. 09/364,559, filed on July 30, 1999, and now Patent No. 6,052,654, which is a continuation of application Serial No. 08/942,802, filed October 2, 1997, and now Patent No. 6,018,705.

In the Claims

A clean version of the entire set of pending claims is presented below, and a set of marked-up claims with bracketing (to show deleted matter) and underlining (to show added matter) is enclosed pursuant to 37 C.F.R. §1.121(c)(3).

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only
1. (Amended) A method, comprising steps of:
 - (a) with at least one device supported by a user while the user is in locomotion on foot, determining at least one foot contact time of the user for at least one footstep taken by the user;
 - (b) comparing a variable having the at least one determined foot contact time as a factor therein with a threshold value; and
 - (c1) if the variable is one of greater than or less than the threshold value, determining that the user is walking; and
 - (c2) if the variable is the other of greater than or less than the threshold value, determining that the user is running.
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